

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Lorraine Arlow**

Has successfully participated & completed the

5km Navworld Nite Series 2016/2017 - Race 5

held at Zwartkops Country Club.

**TIME** 00:48:48

**PACE** 09:45/km

OVERALL 78 of 92

26 April 2017, Wed

Date

**GENDER** 45 of 55

40 - 49 10 of 14



